

**Sunday 7th March**

**6.00pm**

**Evening Prayer Form 1**

Opening Sentences

Exhortation

A GENERAL CONFESSION

**Almighty and most merciful Father; We have erred and strayed from thy ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against thy holy laws. We have left undone those things which we ought to have done; And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou them, O God, which confess their faults. Restore thou them that are penitent; According to thy promises declared unto mankind in Christ Jesus our Lord. And grant, O most merciful Father, for his sake; That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.**

O Lord, open thou our lips  
**and our mouth shall show forth thy praise.**

O God, make speed to save us.  
**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Spirit;  
**as it was in the beginning, is now, and ever shall be, world without end. Amen.**

Praise ye the Lord.  
**The Lord's name be praised.**

THE PSALM Psalm 11

- 1 In the Lord put I my trust : how say ye then to my soul, that she should flee as a bird unto the hill?
- 2 For lo, the ungodly bend their bow, and make ready their arrows within the quiver : that they may privily shoot at them which are true of heart.
- 3 For the foundations will be cast down: and what can the righteous do?
- 4 The Lord is in his holy temple : the Lord's seat is in heaven.
- 5 His eyes consider the poor : and his eyelids try the children of men.
- 6 The Lord trieth the righteous : but the ungodly, and him that delighteth in wickedness, doth his soul abhor.
- 7 Upon the ungodly he shall rain snares, fire and brimstone, storm and tempest : this shall be their portion to drink.
- 8 For the righteous Lord loveth righteousness : his countenance will behold the thing that is just.

Glory be to the Father,  
and to the Son, and to the Holy Spirit;  
**as it was in the beginning,  
is now and ever shall be, world without end. Amen.**

Reading

Philippians 3:4b-14 (NIV)

If someone else thinks they have reasons to put confidence in the flesh, I have more: circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; as for zeal, persecuting the church; as for righteousness based on the law, faultless.

But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ and be found in

him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, and so, somehow, attaining to the resurrection from the dead.

Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

MAGNIFICAT The Song of the Blessed Virgin Mary Luke 1: 46-55

1 My soul doth magnify the Lord,  
and my spirit hath rejoiced in God my Saviour.

2 For he hath regarded the lowliness of his handmaiden.

3 For behold from henceforth all generations shall call me blessed.

4 For he that is mighty hath magnified me, and holy is his Name.

5 And his mercy is on them that fear him throughout all generations.

6 He hath showed strength with his arm,  
he hath scattered the proud, in the imagination of their hearts.

7 He hath put down the mighty from their seat  
and hath exalted the humble and meek.

8 He hath filled the hungry with good things  
and the rich he hath sent empty away.

9 He remembering his mercy hath holpen his servant Israel,  
as he promised to our forefathers, Abraham and his seed for ever.

Glory be to the Father,  
and to the Son, and to the Holy Spirit;  
**as it was in the beginning,  
is now and ever shall be, world without end. Amen.**

THE APOSTLES' CREED

**I believe in God, the Father almighty,  
maker of heaven and earth;  
And in Jesus Christ his only Son our Lord;  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended into hell.  
The third day he rose again from the dead.  
He ascended into heaven,  
and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

The Lord be with you  
**and with thy Spirit.**

Let us pray.

**Lord, have mercy upon us.**

Christ, have mercy upon us.

**Lord, have mercy upon us.**

**Our Father, who art in heaven, Hallowed be thy Name,  
Thy kingdom come, Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
And lead us not into temptation, But deliver us from evil. Amen.**

O Lord, show thy mercy upon us  
**and grant us thy salvation.**

O Lord, save the Queen  
**and mercifully hear us when we call upon thee.**

Endue thy ministers with righteousness  
**and make thy chosen people joyful.**

O Lord, save thy people  
**and bless thine inheritance.**

Give peace in our time, O Lord,  
**because there is none other that fighteth for us, but only thou, O God.**

O God, make clean our hearts within us  
**and take not thy Holy Spirit from us.**

#### THE COLLECTS

##### THE COLLECT OF THE THIRD SUNDAY IN LENT

We beseech thee, Almighty God,  
mercifully to look upon thy people;  
that by thy great goodness  
they may be governed and preserved evermore, both in body and soul;  
through Jesus Christ our Lord.

Almighty and everlasting God,  
who hatest nothing that thou hast made,  
and dost forgive the sins of all them that are penitent;  
Create and make in us new and contrite hearts,  
that we worthily lamenting our sins,  
and acknowledging our wretchedness,  
may obtain of thee, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.

##### THE SECOND COLLECT For Peace

O God, from whom all holy desires, all good counsels and all just works  
do proceed; Give unto thy servants that peace which the world cannot  
give; that both, our hearts may be set to obey thy commandments, and  
also that by thee we being defended from the fear of our enemies may  
pass our time in rest and quietness; through the merits of Jesus Christ our  
Saviour. Amen.

##### THE THIRD COLLECT For Aid against all Perils

Lighten our darkness, we beseech thee, O Lord: and by thy great mercy  
defend us from all perils and dangers of this night; for the love of thy  
only Son, our Saviour Jesus Christ. Amen.

#### A SERMON

##### PRAYERS

A Prayer of Saint Chrysostom

A General Thanksgiving

**Almighty God, Father of all mercies, We thine unworthy servants Do give thee most humble and hearty thanks For all thy goodness and lovingkindness to us, and to all men. We bless thee for our creation, preservation and all the blessings of this life: But above all, for thine inestimable love In the redemption of the world by our Lord Jesus Christ; For the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, That our hearts may be unfeignedly thankful, And that we show forth thy praise, Not only with our lips but in our lives; By giving up ourselves to thy service, And by walking before thee in holiness and righteousness all our days; Through Jesus Christ our Lord, To whom with thee and the Holy Spirit Be all honour and glory, World without end. Amen.**

A Prayer of Saint Chrysostom

The grace of our Lord Jesus Christ,  
and the love of God, and the fellowship  
of the Holy Spirit, be with us all evermore. Amen.

2 Corinthians 13: 14